BRAIN

Repair & Intracranial Neurotherapeutics

Ymchwil Iechyd a Gofal Cymru
Health and Care Research Wales

Ariennir gan Lywodraeth Cymru
Funded by Welsh Government

Play a role in informing research into neurological & neurodegenerative diseases

Dewch i fod yn rhan o'r gwaith o lywio ymchwil i glefydau niwrolegol a niwroddirywiol

BRAIN Involve

We believe that active involvement from members of the public leads to research that is more relevant and more reliable

Credwn fod cyfranogiad aelodau o'r cyhoedd yn arwain at ymchwil sy'n fwy perthnasol ac yn fwy dibynadwy

www.brain.wales

Cardiff University / Prifysgol Caerdydd
Prifysgol Bangor University
Swansea University / Prifysgol Abertawe
NHS / GIG

Bringing together patients, carers and academics to shape cutting-edge research into neurological and neurodegenerative diseases.

What is BRAIN Involve?

BRAIN Involve is a public and patient involvement group that helps to inform research activities for the Brain Repair and Intracranial Neurotherapeutics (BRAIN) Unit. It is made up of people who are, or have been, affected by neurological diseases such as epilepsy, Huntington's disease, Multiple Sclerosis or Parkinson's disease.

What would I have to do?

Being a member of BRAIN Involve is not about taking part in research but about using your experiences to help inform and develop research ideas and projects that are relevant to you. There are lots of ways you can contribute to research within BRAIN:

- Attending BRAIN research events
- Providing feedback on BRAIN research grants, research study materials and patient leaflets
- Developing, contributing to and attending events where we disseminate BRAIN research findings

Getting involved in developing research may seem daunting, but we have lots of support in place to help you become as active in the group as you want to be.

If you would like to find out more about BRAIN Involve and how you can join the group please contact us.

Freepost BRAIN UNIT

(Please note, to write to us for free please use the exact text above, BRAIN UNIT must always appear in uppercase and you do not need to put a stamp on the envelope)

Tel: +44 (0)29 2068 8608
Email: brainunit@cardiff.ac.uk

BRAIN Involve works with the Health and Care Research Wales Public Involvement and Engagement Involving People Network who offer a range of free training and support events about getting involved in research

Dwyn cleifion, gofalwyr ac academyddion ynghyd i lunio ymchwil arloesol i glefydau niwrolegol a niwroddirywiol.

Beth yw BRAIN Involve?

Grŵp cynnwys cleifion a'r cyhoedd yw BRAIN Involve, sy'n helpu i lywio gweithgarwch ymchwil yr Uned Trwsio'r Ymennydd a Niwrotherapiwteg Mewngreuanol (BRAIN). Mae'n cynnwys pobl y mae clefydau niwrolegol fel epilepsi, clefyd Huntington, sglerosis ymledol neu glefyd Parkinson yn effeithio arnynt, neu wedi effeithio arnynt.

Beth fyddai'n rhaid i mi ei wneud?

Nid yw bod yn aelod o BRAIN Involve yn ymwneud â chymryd rhan mewn gwaith ymchwil. Yn hytrach, mae'n ymwneud â defnyddio eich profiadau i helpu i lywio a datblygu syniadau ymchwil a phrosiectau sy'n berthnasol i chi. Mae sawl ffordd y gallwch gyfrannu at ymchwil BRAIN:

- Mynd i ddigwyddiadau ymchwil BRAIN
- Rhoi adborth ar grantiau ymchwil a deunyddiau astudio ymchwil BRAIN, yn ogystal â thaflenni i gleifion
- Datblygu a chyfrannu at ddigwyddiadau lle byddwn yn rhannu canfyddiadau ymchwil BRAIN, a dod iddyn nhw

Efallai fod cymryd rhan yn y gwaith o ddatblygu ymchwil yn ymddangos yn frawychus, ond gallwn eich cefnogi i'ch helpu i fod mor weithgar ag y mynnwch.

Os hoffech gael gwybod rhagor am BRAIN Involve a sut gallwch ymuno â'r grŵp, cysylltwch â ni ar bob cyfrif.

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(Sylwer, i ysgrifennu atom am ddim, defnyddiwch yr union destun uchod, rhaid i BRAIN UNIT ymddangos mewn priflythrennau bob amser, ac nid oes angen chi roi stamp ar yr amlen)

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Mae BRAIN Involve yn gweithio gyda Rhwydwaith Cynnwys Pobl, rhwydwaith ymgysylltiad a chynnwys y cyhoedd Ymchwil Iechyd a Gofal Cymru, sy'n cynnig amrywiaeth o ddigwyddiadau hyfforddi a chefnogi am ddim ar gymryd rhan mewn gwaith ymchwil.